

2XU Stroke & Stride Series
Race #1 9th November 2011
Swim 500 metre / Run 5 kilometre

| Position | Race Number | Name | Name | Category | Actual race time (Hrs:Mins:Secs) |
|-----------------|--------------------|-------------|-------------|-----------------|---|
| Female | | | | | |
| 1 | 468 | alana | LYTHE | f13-16 | 0:28:56 |
| 2 | 450 | hannah | WILLIAMS | f13-16 | 0:30:21 |
| 3 | 239 | eleanor | MONK | f13-16 | 0:30:51 |
| 4 | 170 | aimee | HOLLIS | f13-16 | 0:34:16 |
| 5 | 204 | berenice | LAROCHE | f13-16 | 0:36:38 |
| 6 | 136 | gemma | FORREST | f13-16 | 0:37:52 |
| | | | | | |
| 1 | 609 | maddie | DILLON | f17-19 | 0:26:37 |
| 2 | 615 | emily | PEARCE | f17-19 | 0:27:12 |
| 3 | 3 | elise | SALT | f17-19 | 0:27:28 |
| 4 | 355 | ashleigh | WILLIAMS | f17-19 | 0:28:23 |
| 5 | 15 | bex | BURRIDGE | f17-19 | 0:29:56 |
| 6 | 12 | danielle | PARKINSON | f17-19 | 0:30:08 |
| 7 | 611 | helena | JACKSON | f17-19 | 0:32:52 |
| 8 | 491 | courtney | EVANS | f17-19 | 0:34:23 |
| 9 | 628 | centaine | DYASON | f17-19 | 0:39:33 |
| | | | | | |
| 1 | 9 | sophie | CORBIDGE | f20-24 | 0:24:56 |
| 2 | 1 | simone | ACKERMANN | f20-24 | 0:25:43 |
| 3 | 4 | rebecca | CLARKE | f20-24 | 0:26:49 |
| 4 | 500 | amelia | WATKINSON | f20-24 | 0:28:44 |
| 5 | 484 | martina | FELLMANN | f20-24 | 0:30:15 |
| 6 | 305 | emily | SMITH | f20-24 | 0:35:13 |
| 7 | 109 | rebecca | CUNNIFFE | f20-24 | 0:37:54 |
| 8 | 121 | rebecca | DONNELLY | f20-24 | 0:38:00 |
| 9 | 260 | nicole | OWEN | f20-24 | 0:40:13 |
| 10 | 603 | samantha | WATKINS | f20-24 | 0:43:35 |

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|----|-----|-----------|---------------|--------|---------|
| 1 | 353 | rebecca | WITINOK-HUBER | f25-29 | 0:28:08 |
| 2 | 207 | jessica | LAWSON | f25-29 | 0:28:33 |
| 3 | 423 | sarah | CUSHING | f25-29 | 0:29:00 |
| 4 | 102 | victoria | CLARK | f25-29 | 0:30:01 |
| 5 | 289 | hannah | RISHWORTH | f25-29 | 0:32:38 |
| 6 | 298 | diana | SANDERS | f25-29 | 0:34:48 |
| 7 | 509 | andrea | BORLAND | f25-29 | 0:35:40 |
| 8 | 130 | anna | ELVERY | f25-29 | 0:36:15 |
| 9 | 163 | rebecca | HEARD | f25-29 | 0:36:51 |
| 10 | 100 | charlotte | CLARK | f25-29 | 0:37:19 |
| 11 | 404 | sarah | CHARKER | f25-29 | 0:39:57 |
| 12 | 226 | tracey | MCKINSTRY | f25-29 | 0:40:57 |
| 13 | 244 | bronwyn | MUNRO | f25-29 | 0:43:51 |

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|----|-----|-------------|--------------|--------|---------|
| 1 | 463 | nikki | HILL | f30-34 | 0:28:36 |
| 2 | 11 | elizabeth | GOER | f30-34 | 0:30:41 |
| 3 | 488 | laura-clare | WHELAN | f30-34 | 0:30:50 |
| 4 | 319 | kelley | TOY | f30-34 | 0:31:39 |
| 5 | 466 | rhonda | LEE | f30-34 | 0:31:43 |
| 6 | 76 | kath | BERRY | f30-34 | 0:34:27 |
| 7 | 237 | lucy | MILLS | f30-34 | 0:35:51 |
| 8 | 345 | alexandra | WALTON | f30-34 | 0:36:31 |
| 9 | 180 | jo | JAMES | f30-34 | 0:36:45 |
| 10 | 498 | louise | SHRIMPTON | f30-34 | 0:36:52 |
| 11 | 299 | clare | SCHATZDORFER | f30-34 | 0:36:59 |
| 12 | 302 | taryn | SEAMAN | f30-34 | 0:37:44 |
| 13 | 324 | bethan | TURK | f30-34 | 0:38:28 |
| 14 | 343 | tina | WACKROW | f30-34 | 0:42:35 |
| 15 | 271 | sarah | PETERSON | f30-34 | 0:45:54 |

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|----|-----|----------|----------------|--------|---------|
| 1 | 13 | rachel | PENNEY | f35-39 | 0:28:22 |
| 2 | 471 | bea | SCHUSTER-LEWIS | f35-39 | 0:30:09 |
| 3 | 40 | alison | BOGIE | f35-39 | 0:32:01 |
| 4 | 131 | lisa | ENSOR | f35-39 | 0:33:09 |
| 5 | 622 | lindsey | BRADFIELD | f35-39 | 0:35:52 |
| 6 | 330 | kirsty | USSHER | f35-39 | 0:35:54 |
| 7 | 421 | suzie | WIGGLESWORTH | f35-39 | 0:36:19 |
| 8 | 515 | tracey | LIVINGSTONE | f35-39 | 0:36:22 |
| 9 | 291 | samantha | ROBINSON | f35-39 | 0:38:18 |
| 10 | 284 | maria | RASTBERG | f35-39 | 0:38:53 |
| 11 | 160 | vicki | HARRIS | f35-39 | 0:39:40 |
| 12 | 75 | claire | BENTLEY | f35-39 | 0:41:54 |
| 13 | 128 | lynette | EATON | f35-39 | 0:42:14 |
| 14 | 88 | megan | BROWN | f35-39 | 0:42:17 |
| 15 | 418 | diane | POVEY | f35-39 | 0:44:14 |
| 16 | 147 | lisa | GLASGOW | f35-39 | 0:45:52 |

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|----|-----|----------|-----------|--------|---------|
| 1 | 50 | julia | CREE | f40-44 | 0:29:48 |
| 2 | 70 | terri | BIDWELL | f40-44 | 0:30:46 |
| 3 | 427 | katie | GORMLEY | f40-44 | 0:31:52 |
| 4 | 22 | suzie | CLARK | f40-44 | 0:32:13 |
| 5 | 270 | lisa | PAYNE | f40-44 | 0:33:53 |
| 6 | 625 | kiri | BARFOOT | f40-44 | 0:34:28 |
| 7 | 341 | toni | WALKER | f40-44 | 0:34:59 |
| 8 | 230 | jacqui | MCKANNY | f40-44 | 0:37:03 |
| 9 | 79 | danielle | BOVEN | f40-44 | 0:39:53 |
| 10 | 103 | marleen | CLEYNDERT | f40-44 | 0:40:02 |
| 11 | 405 | rhian | CHIN | f40-44 | 0:41:07 |
| 12 | 618 | suzanne | PRIDEAUX | f40-44 | 0:41:53 |
| 13 | 469 | shirlene | RASMUSSEN | f40-44 | 0:42:19 |
| 14 | 238 | erin | MITCHELL | f40-44 | 0:43:33 |

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|---|-----|-----------|---------|--------|---------|
| 1 | 71 | jane | BALDWIN | f45-49 | 0:32:44 |
| 2 | 444 | lesley | DOUGHTY | f45-49 | 0:33:20 |
| 3 | 132 | karen | EVANS | f45-49 | 0:33:22 |
| 4 | 314 | jo | TACON | f45-49 | 0:33:34 |
| 5 | 632 | maria | DYASON | f45-49 | 0:37:24 |
| 6 | 43 | shelley | KING | f45-49 | 0:40:07 |
| 7 | 307 | geraldine | SNOW | f45-49 | 0:46:48 |

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|----|-----|-----------|---------------|--------|---------|
| 1 | 14 | josie | SINCLAIR | f50-54 | 0:30:17 |
| 2 | 259 | helen | O'SHAUGHNESSY | f50-54 | 0:33:00 |
| 3 | 274 | jane | PHILLIPSON | f50-54 | 0:34:38 |
| 4 | 453 | linda | VAN UDEN | f50-54 | 0:34:52 |
| 5 | 605 | fujine | WOLKEN | f50-54 | 0:37:25 |
| 6 | 435 | mary anne | WOODS | f50-54 | 0:37:51 |
| 7 | 118 | michelle | DEMPSTER | f50-54 | 0:40:27 |
| 8 | 87 | vanna | BUCHAN | f50-54 | 0:41:01 |
| 9 | 439 | connie | PARKINSON | f50-54 | 0:41:44 |
| 10 | 309 | rose | SMITH | f50-54 | 0:46:16 |

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|---|-----|--------|--------|--------|---------|
| 1 | 33 | margie | PEAT | f55-59 | 0:32:32 |
| 2 | 228 | ann | MCPHEE | f55-59 | 0:41:52 |

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|---|-----|----------|--------|--------|---------|
| 1 | 38 | jeanette | ROGERS | f60-64 | 0:45:23 |
| 2 | 311 | anne | SMITH | f60-64 | 0:46:00 |

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|---|----|--------|--------|--------|---------|
| 1 | 48 | jacky | TASKER | f70-74 | 0:44:27 |
| 2 | 34 | glenis | KING | f70-74 | 0:48:27 |

| Position | Race Number | Name | Name | Category | Actual race time (Hrs:Mins:Secs) |
|-------------|-------------|----------|-------------|----------|----------------------------------|
| Male | | | | | |
| 1 | 46 | liam | WARD | m13-16 | 0:26:07 |
| 2 | 413 | matthew | MANNING | m13-16 | 0:26:16 |
| 3 | 520 | jonty | MORREAU | m13-16 | 0:26:21 |
| 4 | 425 | matt | JORDAN | m13-16 | 0:27:04 |
| 5 | 434 | quinn | WALLWORK | m13-16 | 0:28:07 |
| 6 | 455 | sam | FLEMING | m13-16 | 0:28:19 |
| 7 | 616 | matt | NOLAND | m13-16 | 0:29:11 |
| 8 | 518 | joshua | SCALLY | m13-16 | 0:29:30 |
| 9 | 269 | james | PATTON | m13-16 | 0:29:50 |
| 10 | 99 | joshua | CHAPMAN | m13-16 | 0:30:30 |
| 11 | 243 | timothy | MUDFORD | m13-16 | 0:30:33 |
| 12 | 64 | jack | ARMSTRONG | m13-16 | 0:30:51 |
| 13 | 156 | ben | HAMILTON | m13-16 | 0:32:04 |
| 14 | 350 | callum | WILLIAMSON | m13-16 | 0:32:16 |
| 15 | 188 | liam | KANE | m13-16 | 0:33:34 |
| 16 | 287 | matthew | REID | m13-16 | 0:34:28 |
| 17 | 78 | nicholas | BLENKINSOPP | m13-16 | 0:35:47 |
| 18 | 352 | scott | WORRALL | m13-16 | 0:36:52 |
| 19 | 85 | tom | BROWN | m13-16 | 0:37:48 |
| | | | | | |
| 1 | 499 | cameron | TODD | m17-19 | 0:23:46 |
| 2 | 6 | sam | WARD | m17-19 | 0:23:58 |
| 3 | 7 | cooper | RAND | m17-19 | 0:24:33 |
| 4 | 8 | matthew | FRANKLIN | m17-19 | 0:25:29 |
| 5 | 433 | jay | WALLWORK | m17-19 | 0:25:58 |
| 6 | 627 | ryan | HELG | m17-19 | 0:26:46 |
| 7 | 320 | naoki | TOYOMURA | m17-19 | 0:28:49 |
| 8 | 268 | michael | PATERSON | m17-19 | 0:30:20 |
| 9 | 349 | matthew | WHEELER | m17-19 | 0:39:34 |
| 10 | 402 | charles | BROWN | m17-19 | 0:40:18 |
| | | | | | |
| 1 | 619 | ryan | SISSONS | m20-24 | 0:22:09 |
| 2 | 626 | michael | POOLE | m20-24 | 0:23:16 |
| 3 | 2 | sam | FRANKLIN | m20-24 | 0:23:41 |
| 4 | 608 | nick | BERRY | m20-24 | 0:24:30 |
| 5 | 447 | robin | POHL | m20-24 | 0:25:05 |
| 6 | 516 | owen | MILLER | m20-24 | 0:25:24 |
| 7 | 519 | daniel | SMITH | m20-24 | 0:28:06 |
| 8 | 172 | shane | HAZELDEN | m20-24 | 0:30:16 |
| 9 | 304 | craig | SMITH | m20-24 | 0:30:28 |
| 10 | 62 | peter | ALGIE | m20-24 | 0:33:29 |
| 11 | 487 | hamish | WERE | m20-24 | 0:34:46 |
| 12 | 288 | sam | REINDLER | m20-24 | 0:36:46 |
| 13 | 301 | shaun | SEAMAN | m20-24 | 0:37:07 |
| 14 | 607 | jack | LILEY | m20-24 | 0:37:57 |

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|----|-----|--------|-----------|--------|---------|
| 1 | 610 | simon | COCHRANE | m25-29 | 0:25:21 |
| 2 | 510 | jared | BOWDEN | m25-29 | 0:25:43 |
| 3 | 514 | josh | HARRISON | m25-29 | 0:25:53 |
| 4 | 495 | jacson | KLUTS | m25-29 | 0:26:29 |
| 5 | 166 | jonny | HIGHTON | m25-29 | 0:28:20 |
| 6 | 152 | duncan | GRIFFITHS | m25-29 | 0:28:40 |
| 7 | 306 | shane | SMITH | m25-29 | 0:28:55 |
| 8 | 606 | nathan | CARR | m25-29 | 0:29:04 |
| 9 | 347 | james | WELLS | m25-29 | 0:30:43 |
| 10 | 117 | peter | DEGUARA | m25-29 | 0:33:43 |
| 11 | 316 | rupert | TAYLOR | m25-29 | 0:33:52 |
| 12 | 265 | andrew | PARK | m25-29 | 0:33:57 |
| 13 | 442 | lars | JACOBSEN | m25-29 | 0:34:00 |
| 14 | 337 | oliver | VOVCHENKO | m25-29 | 0:34:30 |
| 15 | 210 | leon | LOO | m25-29 | 0:39:02 |

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|----|-----|----------|-------------|--------|---------|
| 1 | 5 | liam | SCOPES | m30-34 | 0:23:44 |
| 2 | 342 | andrew | WALKER | m30-34 | 0:25:08 |
| 3 | 17 | hamish | GAWITH | m30-34 | 0:26:17 |
| 4 | 111 | ben | CHIDGEY | m30-34 | 0:27:10 |
| 5 | 410 | rob | IREMONGER | m30-34 | 0:28:11 |
| 6 | 432 | laurence | GULLIVER | m30-34 | 0:28:46 |
| 7 | 517 | shaun | OWEN | m30-34 | 0:29:21 |
| 8 | 492 | gordon | GILLAN | m30-34 | 0:29:23 |
| 9 | 512 | jimmy | EATON-EVANS | m30-34 | 0:29:31 |
| 10 | 113 | adam | DAIGNEAULT | m30-34 | 0:29:32 |
| 11 | 612 | steve | BAYLISS | m30-34 | 0:32:11 |
| 12 | 482 | grant | DIFFORD | m30-34 | 0:33:04 |
| 13 | 437 | josh | HAMBLYN | m30-34 | 0:33:31 |
| 14 | 68 | james | BAKER | m30-34 | 0:33:47 |
| 15 | 294 | matthew | ROCHESTER | m30-34 | 0:34:20 |
| 16 | 485 | michael | LIM | m30-34 | 0:36:11 |
| 17 | 486 | karl | SNOWDEN | m30-34 | 0:37:43 |

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|----|-----|---------|------------|--------|---------|
| 1 | 630 | steven | DAVIS | m35-39 | 0:28:09 |
| 2 | 465 | stephen | HURDLEY | m35-39 | 0:28:54 |
| 3 | 65 | keith | AXON | m35-39 | 0:29:39 |
| 4 | 161 | anton | HAUETER | m35-39 | 0:29:44 |
| 5 | 633 | john | CATMUR | m35-39 | 0:30:48 |
| 6 | 411 | rhys | JEFFREYS | m35-39 | 0:31:09 |
| 7 | 409 | jeremy | HOSKING | m35-39 | 0:31:14 |
| 8 | 123 | kyle | DRANSFIELD | m35-39 | 0:31:16 |
| 9 | 252 | robert | NICHOLS | m35-39 | 0:31:32 |
| 10 | 417 | nick | PATERSON | m35-39 | 0:31:34 |
| 11 | 461 | james | FRASER | m35-39 | 0:31:36 |
| 12 | 621 | dan | FROST | m35-39 | 0:32:27 |
| 13 | 74 | adam | BENTLEY | m35-39 | 0:32:53 |
| 14 | 116 | ben | DEARLOVE | m35-39 | 0:33:03 |
| 15 | 403 | chris | CHAPMAN | m35-39 | 0:33:09 |
| 16 | 146 | tom | GETHIN | m35-39 | 0:33:18 |
| 17 | 191 | jarrad | KEENAN | m35-39 | 0:33:28 |
| 18 | 171 | piers | HOLLIS | m35-39 | 0:34:31 |
| 19 | 414 | scott | MARTIN | m35-39 | 0:34:34 |
| 20 | 481 | matt | BARTLETT | m35-39 | 0:35:14 |
| 21 | 167 | james | HOUGHTON | m35-39 | 0:35:29 |
| 22 | 431 | ross | DWYER | m35-39 | 0:37:47 |
| 23 | 139 | ben | FRAZER | m35-39 | 0:38:44 |
| 24 | 446 | andrew | PARSONS | m35-39 | 0:43:02 |

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|----|-----|-----------|-----------|--------|---------|
| 1 | 16 | darragh | WALSHE | m40-44 | 0:26:12 |
| 2 | 521 | paul | GUNN | m40-44 | 0:26:48 |
| 3 | 356 | vaughn | WOODS | m40-44 | 0:27:27 |
| 4 | 472 | andrew | SYLVESTER | m40-44 | 0:27:37 |
| 5 | 157 | rob | HAMILTON | m40-44 | 0:27:55 |
| 6 | 205 | glen | LARSEN | m40-44 | 0:28:27 |
| 7 | 617 | darren | PICARD | m40-44 | 0:28:35 |
| 8 | 513 | rodney | GORDON | m40-44 | 0:28:52 |
| 9 | 209 | geoff | LEYLAND | m40-44 | 0:28:56 |
| 10 | 148 | nick | GOLDWATER | m40-44 | 0:29:43 |
| 11 | 94 | matt | CARTER | m40-44 | 0:30:01 |
| 12 | 104 | mark | COLTHART | m40-44 | 0:30:31 |
| 13 | 223 | philip | MCGRATH | m40-44 | 0:31:20 |
| 14 | 235 | aj | MILES | m40-44 | 0:31:31 |
| 15 | 303 | chris | SMIT | m40-44 | 0:32:07 |
| 16 | 141 | john | FREAR | m40-44 | 0:32:13 |
| 17 | 614 | mike | PEPPER | m40-44 | 0:32:20 |
| 18 | 98 | richard | CHANTREY | m40-44 | 0:32:25 |
| 19 | 336 | roger | VENN | m40-44 | 0:32:29 |
| 20 | 246 | johnny | MORRIS | m40-44 | 0:32:30 |
| 21 | 159 | andy | HARGRAVE | m40-44 | 0:32:34 |
| 22 | 86 | camron | BRUGH | m40-44 | 0:32:42 |
| 23 | 438 | krsnendu | KNIGHT | m40-44 | 0:32:59 |
| 24 | 95 | steve | CARTER | m40-44 | 0:33:07 |
| 25 | 225 | jonathan | MCKENZIE | m40-44 | 0:33:41 |
| 26 | 108 | tony | COUGHLAN | m40-44 | 0:33:48 |
| 27 | 272 | sebastien | PHAM | m40-44 | 0:34:01 |
| 28 | 634 | richard | CONYNGHAM | m40-44 | 0:34:04 |
| 29 | 601 | sean | COX | m40-44 | 0:34:18 |
| 30 | 493 | matt | HEWETT | m40-44 | 0:34:56 |
| 31 | 236 | jonathan | MILES | m40-44 | 0:36:17 |
| 32 | 169 | david | HUGGETT | m40-44 | 0:36:39 |
| 33 | 290 | andrew | RITCHIE | m40-44 | 0:38:29 |
| 34 | 346 | ian | WARREN | m40-44 | 0:38:53 |
| 35 | 631 | mark | WEEDON | m40-44 | 0:39:31 |
| 36 | 245 | philip | MURPHY | m40-44 | 0:52:21 |

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|----|-----|---------|-------------------|--------|---------|
| 1 | 497 | jez | SHERMAN | m45-49 | 0:28:30 |
| 2 | 29 | richard | CLIFTON | m45-49 | 0:28:43 |
| 3 | 89 | adrian | BUTCHER | m45-49 | 0:29:24 |
| 4 | 69 | bill | BLACKMORE | m45-49 | 0:29:26 |
| 5 | 449 | glen | TASKER | m45-49 | 0:29:38 |
| 6 | 483 | frank | EXCELL | m45-49 | 0:30:37 |
| 7 | 292 | terry | ROBINSON | m45-49 | 0:30:59 |
| 8 | 407 | rene | HARTMAN | m45-49 | 0:31:02 |
| 9 | 462 | tom | GORDON | m45-49 | 0:31:04 |
| 10 | 151 | paul | GREEN | m45-49 | 0:31:43 |
| 11 | 354 | tony | WOODHOUSE | m45-49 | 0:32:26 |
| 12 | 315 | michael | TANE | m45-49 | 0:32:51 |
| 13 | 267 | paresh | PATEL | m45-49 | 0:33:10 |
| 14 | 334 | luuk | VAN BASTEN BATENB | m45-49 | 0:33:16 |
| 15 | 496 | john | MARTIN | m45-49 | 0:33:36 |
| 16 | 511 | william | BLACK | m45-49 | 0:33:53 |
| 17 | 158 | chris | HANNA | m45-49 | 0:34:06 |
| 18 | 424 | jeremy | SIMPSON | m45-49 | 0:34:33 |
| 19 | 84 | evan | BROWN | m45-49 | 0:35:21 |
| 20 | 422 | rick | YOHN | m45-49 | 0:35:39 |
| 21 | 120 | mark | DOLEMAN | m45-49 | 0:39:29 |
| 22 | 119 | steve | DOHERTY | m45-49 | 0:39:41 |
| 23 | 335 | ron | VAN DER PLUIJM | m45-49 | 0:40:28 |
| 24 | 189 | paul | KANE | m45-49 | 0:42:28 |
| 25 | 326 | steve | TRAPLIN | m45-49 | 0:42:49 |
| 26 | 312 | mike | STOWERS | m45-49 | 0:52:20 |

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|----|-----|--------|-------------|--------|---------|
| 1 | 26 | paul | SIMONS | m50-54 | 0:28:03 |
| 2 | 473 | pete | WATSON | m50-54 | 0:29:49 |
| 3 | 47 | steve | WILLIAMSON | m50-54 | 0:30:08 |
| 4 | 604 | peter | POLANSKY | m50-54 | 0:30:11 |
| 5 | 37 | ian | ROBERTSON | m50-54 | 0:30:58 |
| 6 | 452 | scott | BURRIDGE | m50-54 | 0:32:18 |
| 7 | 412 | jeff | JOWSEY | m50-54 | 0:32:28 |
| 8 | 193 | mike | KERR | m50-54 | 0:34:16 |
| 9 | 107 | rob | CORNE | m50-54 | 0:35:04 |
| 10 | 285 | bruce | REA | m50-54 | 0:35:48 |
| 11 | 443 | julian | RINCKES | m50-54 | 0:36:21 |
| 12 | 194 | roger | KING | m50-54 | 0:37:14 |
| 13 | 408 | rowan | HILL | m50-54 | 0:37:34 |
| 14 | 286 | chris | REID | m50-54 | 0:38:07 |
| 15 | 251 | peter | NICHOLAS | m50-54 | 0:38:17 |
| 16 | 613 | geoff | ACKLAND | m50-54 | 0:38:43 |
| 17 | 300 | gary | SEAMAN | m50-54 | 0:40:21 |
| 18 | 229 | torry | MCSKIMMING | m50-54 | 0:41:44 |
| 19 | 77 | dene | BIDDLECOMBE | m50-54 | 0:43:13 |

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|----|-----|---------|----------|--------|---------|
| 1 | 80 | paul | BOWSKILL | m55-59 | 0:30:53 |
| 2 | 39 | george | SANDERS | m55-59 | 0:31:49 |
| 3 | 42 | marty | FINCH | m55-59 | 0:32:23 |
| 4 | 456 | andrew | GORDON | m55-59 | 0:34:29 |
| 5 | 348 | shane | WEST | m55-59 | 0:35:13 |
| 6 | 440 | jon | CLARKE | m55-59 | 0:36:10 |
| 7 | 195 | vincent | KIRRANE | m55-59 | 0:37:23 |
| 8 | 165 | john | HEYES | m55-59 | 0:37:30 |
| 9 | 90 | hans | BUWALDA | m55-59 | 0:37:38 |
| 10 | 197 | murray | KNIGHT | m55-59 | 0:37:42 |
| 11 | 212 | brendan | LYNE | m55-59 | 0:39:20 |
| 12 | 464 | rolf | HUBER | m55-59 | 0:41:50 |

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|---|-----|--------|-----------|--------|---------|
| 1 | 401 | paul | BERRY | m60-64 | 0:30:32 |
| 2 | 41 | glynn | OWENS | m60-64 | 0:33:19 |
| 3 | 32 | ro | BAIRSTOW | m60-64 | 0:33:26 |
| 4 | 138 | warren | FOUNTAIN | m60-64 | 0:36:20 |
| 5 | 474 | david | WICKSTEAD | m60-64 | 0:37:04 |
| 6 | 149 | jim | GOODWIN | m60-64 | 0:40:29 |

| | | | | | |
|---|-----|---------|----------|--------|---------|
| 1 | 28 | mike | TOWNSEND | m65-69 | 0:36:33 |
| 2 | 30 | mike | RAMSAY | m65-69 | 0:39:40 |
| 3 | 419 | douglas | SHADBOLT | m65-69 | 0:40:37 |

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|---|----|---------|----------|--------|---------|
| 1 | 31 | michael | MEEKINGS | m70-74 | 0:39:45 |
|---|----|---------|----------|--------|---------|