

Stroke & Stride Series
Race #7 7th March 2013
Swim 750 metre / Run 5 kilometre

Position	Race Number	Name	Name	Category	Actual race time (Hrs:Mins:Secs)
Female					
1	454	rachyl	EDGE	f13-16	0:36:11
1	13	amelia	WATKINSON	f20-24	0:32:10
2	316	katherine	REARDON	f20-24	0:35:26
3	848	char	YOUNG	f20-24	0:37:22
4	874	mirjam	VAN DEN BOOM	f20-24	0:38:20
5	329	jessica	ROETS	f20-24	0:39:51
6	147	rebecca	CUNNIFFE	f20-24	0:39:57
7	871	claudia	HARRISON	f20-24	0:40:51
8	872	tessa	SHERWEN	f20-24	0:54:04
1	264	pip	MEO	f25-29	0:36:51
2	841	carolyn	ARTHUR	f25-29	0:37:28
3	342	jo	SHAW	f25-29	0:38:02
4	873	anita	HARVEY	f25-29	0:39:30
5	253	tracey	MCKINSTRY	f25-29	0:44:29
6	771	kristan	LINDSAY	f25-29	0:51:55
1	18	claire	MACKY	f30-34	0:33:05
2	26	nikki	HILL	f30-34	0:34:35
3	24	jo	CARREL	f30-34	0:37:20
4	156	kerri	DEWE	f30-34	0:38:45
5	341	louise	SHRIMPTON	f30-34	0:39:29
6	339	taryn	SEAMAN	f30-34	0:40:05
7	256	jo	MCNEILL	f30-34	0:42:44
8	107	raewyn	BARKER	f30-34	0:43:55
9	108	laura	BARKWILL	f30-34	0:56:10

1	14	rachel	PENNEY	f35-39	0:33:50
2	494	caroline	GRAY	f35-39	0:35:49
3	220	lisa	ENSOR	f35-39	0:36:47
4	265	nicola	MERRILEES	f35-39	0:38:12
5	161	claire	EDMONDS	f35-39	0:39:08
6	112	kath	BERRY	f35-39	0:41:57
7	343	kimberley	SCOTT	f35-39	0:42:55
8	691	rozy	WINSTONE	f35-39	0:44:16
9	843	isobel	FREEMAN	f35-39	0:46:01
10	317	maria	RASTBERG	f35-39	0:46:48
11	844	wendy	MCKINSTRY	f35-39	0:47:56
12	457	greta	KNIGHT	f35-39	0:48:07
13	663	deborah	GRANT	f35-39	0:49:37
14	492	sarah	GIBLIN	f35-39	0:51:00
15	831	maylene	BARRETT	f35-39	0:52:38
16	909	philippa	WILLIAMS	f35-39	0:52:42
17	181	lisa	GLASGOW	f35-39	0:53:10

1	77	katie	GORMLEY	f40-44	0:37:14
2	129	kelly	BYERS	f40-44	0:37:42
3	796	sandra	WESLEY	f40-44	0:38:52
4	350	nicola	SPROULE	f40-44	0:41:18
5	35	suzie	CLARK	f40-44	0:42:01
6	481	rachel	BOWIE	f40-44	0:45:04
7	111	claire	BENTLEY	f40-44	0:46:42

1	23	julia	CREE	f45-49	0:35:17
2	572	gayle	CLARK	f45-49	0:36:37
3	47	jane	BALDWIN	f45-49	0:37:00
4	315	lynda	RAE	f45-49	0:38:27
5	164	karen	EVANS	f45-49	0:39:16
6	223	shelley	KING	f45-49	0:44:51
7	363	sandra	TOPPIN	f45-49	0:52:11

1	596	fujine	WOLKEN	f50-54	0:45:22
2	744	mary anne	WOODS	f50-54	0:46:24
3	298	connie	PARKINSON	f50-54	0:47:06
4	905	hiromi	HAYAKAWA	f50-54	0:47:31

1	42	margie	PEAT	f55-59	0:36:27
1	43	lorene	SMITH	f60-64	0:39:23
2	376	maggie	WARD	f60-64	0:51:06
3	75	anne	SMITH	f60-64	0:53:03
1	41	tiare	LUND	f65-69	0:46:59
1	49	glenis	KING	f70-74	0:58:14

Position	Race Number	Name	Name	Category	Actual race time (Hrs:Mins:Secs)
Male					
1	204	daniel	HOY	m13-16	0:28:17
2	539	leo	ROPER	m13-16	0:29:24
3	330	matthew	ROETS	m13-16	0:30:47
4	80	caleb	AOAKE	m13-16	0:30:53
5	101	jack	ARMSTRONG	m13-16	0:31:24
6	517	alexander	THORNTON-SMITH	m13-16	0:33:39
7	763	josh	KNOX	m13-16	0:34:33
8	794	cameron	VAUGHAN	m13-16	0:35:03
9	300	james	PATTON	m13-16	0:36:02
10	121	william	BOSWELL	m13-16	0:36:03
11	803	harry	PEARCE	m13-16	0:36:23
12	243	james	MATTHEWS	m13-16	0:37:20
13	655	trent	DODDS	m13-16	0:37:32
14	845	daniel	PINFOLD	m13-16	0:39:26
15	443	james	GORDON	m13-16	0:43:55
1	257	matthew	MCQUEEN	m17-19	0:29:14
2	387	callum	WILLIAMSON	m17-19	0:38:33
1	10	sam	FRANKLIN	m20-24	0:27:12
2	672	mark	BOWSTEAD	m20-24	0:27:32
3	575	andrew	MCQUEEN	m20-24	0:31:29
4	875	miguel	MERODIO	m20-24	0:38:11
5	902	shaun	SEAMAN	m20-24	0:38:59
1	721	vincent	HAHN	m25-29	0:30:44
2	348	shane	SMITH	m25-29	0:32:45
3	782	chris	ASPINALL	m25-29	0:33:23
4	183	malcolm	GRAHAM	m25-29	0:35:15
5	371	oliver	VOVCHENKO	m25-29	0:36:08
6	296	andrew	PARK	m25-29	0:37:47
7	151	jarrod	DARLINGTON	m25-29	0:38:01

1	5	liam	SCOPES	m30-34	0:28:13
2	320	chris	RITCHIE	m30-34	0:31:29
3	242	jean	MARKARIAN	m30-34	0:32:37
4	190	michael	HALE	m30-34	0:33:53
5	290	joshua	ONG	m30-34	0:34:34
6	645	mike	BLANDY	m30-34	0:35:08
7	542	adam	SHARMAN	m30-34	0:36:04
8	680	rob	IREMONGER	m30-34	0:36:12
9	442	jeremy	GABE	m30-34	0:36:18
10	409	josh	HAMBLYN	m30-34	0:37:08
11	674	mike	COCHRANE	m30-34	0:37:24
12	171	jon	FLATLEY	m30-34	0:37:50
13	250	campbell	MCGREGOR	m30-34	0:38:30
14	328	matthew	ROCHESTER	m30-34	0:41:35

1	12	andrew	WALKER	m35-39	0:30:15
2	801	jason	BENNIMAN	m35-39	0:30:31
3	238	daniel	LUND	m35-39	0:34:05
4	148	adrian	CURRIE	m35-39	0:34:42
5	295	keith	PARK	m35-39	0:35:39
6	388	tim	WINSTONE	m35-39	0:35:41
7	690	nick	WINSTONE	m35-39	0:36:43
8	907	mark	BLAMPIED	m35-39	0:37:41
9	173	grant	FREAR	m35-39	0:39:31
10	826	tim	MAYSON	m35-39	0:40:46
11	903	jinpei	ISHII	m35-39	0:44:02
12	299	andrew	PARSONS	m35-39	0:44:27
13	490	david	CANTON	m35-39	0:44:35

1	31	kyle	DRANSFIELD	m40-44	0:30:56
2	385	craig	WIGGLESWORTH	m40-44	0:32:32
3	284	robert	NICHOLS	m40-44	0:33:56
4	757	gerry	LYNCH	m40-44	0:34:17
5	124	davin	BRAY	m40-44	0:34:32
6	795	scott	VAUGHAN	m40-44	0:34:35
7	304	rob	PLATT	m40-44	0:35:00
8	178	nick	GOLDWATER	m40-44	0:35:33
9	174	john	FREAR	m40-44	0:35:55
10	76	anton	HAUETER	m40-44	0:36:00
11	194	andy	HARGRAVE	m40-44	0:36:51
12	711	adam	BENTLEY	m40-44	0:37:33
13	351	matthew	STEWART	m40-44	0:38:04
14	272	aj	MILES	m40-44	0:38:29
15	306	stephan	PETERS	m40-44	0:38:37
16	254	scott	MCLAREN	m40-44	0:39:10
17	311	john	PUTT	m40-44	0:39:23
18	146	tony	COUGHLAN	m40-44	0:39:55
19	370	roger	VENN	m40-44	0:40:09
20	136	richard	CHANTREY	m40-44	0:41:07
21	901	blair	CROOKSTON	m40-44	0:41:41
22	830	roger	WARREN	m40-44	0:45:45
23	135	steve	CARTER	m40-44	0:47:11

1	34	brent	FOSTER	m45-49	0:27:23
2	30	bill	BLACKMORE	m45-49	0:31:03
3	712	dean	FOSTER	m45-49	0:33:08
4	359	glen	TASKER	m45-49	0:33:47
5	493	rodney	GORDON	m45-49	0:33:59
6	69	richard	CLIFTON	m45-49	0:34:39
7	456	rene	HARTMAN	m45-49	0:35:44
8	368	luuk van	BASTEN BATENBURG	m45-49	0:37:01
9	476	mark	PATTON	m45-49	0:39:04
10	906	hiroshi	SAKAI	m45-49	0:40:31
11	525	mats	LEWIS	m45-49	0:41:42
12	538	derek	MARTIN	m45-49	0:41:58
13	273	jonathan	MILES	m45-49	0:42:02
14	352	mike	STOWERS	m45-49	1:00:51

1	28	paul	SIMONS	m50-54	0:31:00
2	499	jack	WOLKEN	m50-54	0:34:01
3	375	pete	WATSON	m50-54	0:34:26
4	70	ian	ROBERTSON	m50-54	0:35:24
5	792	roger	SPICE	m50-54	0:35:50
6	389	tony	WOODHOUSE	m50-54	0:36:26
7	813	tony	KING	m50-54	0:37:04
8	68	steve	WILLIAMSON	m50-54	0:37:25
9	237	rob	LUND	m50-54	0:39:28
10	318	bruce	REA	m50-54	0:42:16
11	258	torry	MCSKIMMING	m50-54	0:46:44
12	344	leigh	SHERWEN	m50-54	1:02:10

1	48	paul	BOWSKILL	m55-59	0:35:05
2	64	marty	FINCH	m55-59	0:38:24
3	145	rob	CORNE	m55-59	0:39:49
4	367	jamie	VALLANCE	m55-59	0:40:04
5	380	shane	WEST	m55-59	0:40:07
6	179	andrew	GORDON	m55-59	0:40:34
7	195	john	HEYES	m55-59	0:43:32

1	113	paul	BERRY	m60-64	0:34:56
2	653	martin	BLAMPIED	m60-64	0:36:06
3	222	ross	KIDD	m60-64	0:40:51
4	119	bevan	BROWN	m60-64	0:51:42
5	908	tatsushi	ARAI	m60-64	0:56:36

1	44	michael	TOWNSEND	m65-69	0:43:53
2	657	paul	MITCHELL	m65-69	0:45:06
3	239	robert	LOCKWOOD	m65-69	0:48:15
4	65	roger	SOULSBY	m65-69	0:49:56
5	182	jim	GOODWIN	m65-69	0:50:59

1	50	alex	SHAW	m70-74	0:46:11
2	904	yoshimori	HIRAI	m70-74	0:50:46

1	783	garth	BARFOOT	m75-79	0:56:49
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