

2XU Stroke & Stride Series
Race #5 2nd February 2011
Swim 750 metre / Run 4 kilometre

| Position | Race Number | Name | Name | Category | Actual race time (Hrs:Mins:Secs) |
|-----------------|--------------------|-------------|-------------|-----------------|---|
| Female | | | | | |
| 1 | 5 | elise | SALT | f13-16 | 0:27:35 |
| 2 | 536 | alana | LYTHE | f13-16 | 0:28:36 |
| 3 | 197 | anneka | HERDSON | f13-16 | 0:31:57 |
| 4 | 149 | madeline | EVANS | f13-16 | 0:33:30 |
| 5 | 231 | berenice | LAROCHE | f13-16 | 0:35:41 |
| 6 | 824 | anna | MURPHY | f13-16 | 0:37:41 |
| 7 | 822 | lauren | HENDRICKSEN | f13-16 | 0:38:14 |
| | | | | | |
| 1 | 16 | courtney | EVANS | f17-19 | 0:29:33 |
| 2 | 8 | amelia | WATKINSON | f17-19 | 0:29:52 |
| 3 | 25 | bex | BURRIDGE | f17-19 | 0:30:28 |
| 4 | 815 | grace | FURSDON | f17-19 | 0:30:44 |
| 5 | 20 | danielle | PARKINSON | f17-19 | 0:32:06 |
| 6 | 22 | philippa | BROWN | f17-19 | 0:33:01 |
| 7 | 855 | ashleigh | CHIBNALL | f17-19 | 0:36:34 |
| | | | | | |
| 1 | 1 | simone | ACKERMANN | f20-24 | 0:26:06 |
| 2 | 10 | rebecca | CLARKE | f20-24 | 0:28:01 |
| 3 | 64 | rebecca | ANNAN | f20-24 | 0:32:38 |
| 4 | 344 | sarah | STEWART | f20-24 | 0:33:52 |
| 5 | 101 | halley | BURD | f20-24 | 0:34:20 |
| 6 | 869 | lauren | JAMES | f20-24 | 0:34:52 |
| 7 | 370 | robyn | VAN KEKEM | f20-24 | 0:37:35 |
| 8 | 127 | rebecca | CUNNIFFE | f20-24 | 0:37:59 |
| 9 | 187 | claire | HARDMAN | f20-24 | 0:43:09 |
| 10 | 292 | sarah | O'GRADY | f20-24 | 0:44:22 |

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|----|-----|------------|-------------|--------|---------|
| 1 | 861 | tanya | DROMGOOL | f25-29 | 0:26:10 |
| 2 | 4 | lizzie | ORCHARD | f25-29 | 0:29:06 |
| 3 | 244 | claire | MACKY | f25-29 | 0:29:37 |
| 4 | 466 | kelly | PICK | f25-29 | 0:29:39 |
| 5 | 414 | nikki | HILL | f25-29 | 0:30:32 |
| 6 | 767 | jo | CARREL | f25-29 | 0:30:51 |
| 7 | 23 | pip | MEO | f25-29 | 0:31:00 |
| 8 | 278 | vanessa | MURRAY | f25-29 | 0:31:33 |
| 9 | 483 | sarah | CUSHING | f25-29 | 0:32:10 |
| 10 | 376 | fleur | WALTER | f25-29 | 0:33:13 |
| 11 | 78 | riet | BERSMA-REES | f25-29 | 0:33:27 |
| 12 | 335 | jade | SHEARSTONE | f25-29 | 0:34:52 |
| 13 | 324 | diana | SANDERS | f25-29 | 0:35:24 |
| 14 | 857 | andrea | BORLAND | f25-29 | 0:36:19 |
| 15 | 735 | jen | SCHICKER | f25-29 | 0:36:45 |
| 16 | 550 | tracey | MCKINSTRY | f25-29 | 0:38:40 |
| 17 | 289 | louise | NYBERG | f25-29 | 0:39:02 |
| 18 | 387 | louise | WILKINSON | f25-29 | 0:39:25 |
| 19 | 336 | hester | SHEEHAN | f25-29 | 0:40:01 |
| 20 | 221 | debbie | KINGON | f25-29 | 0:40:29 |
| 21 | 437 | jacqueline | WONG | f25-29 | 0:53:59 |

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|----|-----|-----------|------------|--------|---------|
| 1 | 616 | jennifer | SWENY | f30-34 | 0:31:19 |
| 2 | 769 | debbie | WHITE | f30-34 | 0:32:17 |
| 3 | 85 | alison | BOGIE | f30-34 | 0:32:20 |
| 4 | 740 | rachel | RICHARDSON | f30-34 | 0:32:47 |
| 5 | 854 | anna | MACKY | f30-34 | 0:34:10 |
| 6 | 77 | kath | BERRY | f30-34 | 0:34:40 |
| 7 | 268 | lucy | MILLS | f30-34 | 0:36:26 |
| 8 | 330 | taryn | SEAMAN | f30-34 | 0:36:32 |
| 9 | 377 | alexandra | WALTON | f30-34 | 0:36:34 |
| 10 | 159 | heide | FRIEDRICH | f30-34 | 0:36:42 |
| 11 | 189 | vicki | HARRIS | f30-34 | 0:39:31 |
| 12 | 363 | rachel | TURNEY | f30-34 | 0:40:47 |

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|----|-----|----------|-----------|--------|---------|
| 1 | 801 | rachel | PENNEY | f35-39 | 0:29:24 |
| 2 | 13 | rachel | BOWIE | f35-39 | 0:29:53 |
| 3 | 464 | inge | MORTON | f35-39 | 0:30:56 |
| 4 | 476 | caroline | GRAY | f35-39 | 0:32:12 |
| 5 | 819 | vicki | BOHLBRO | f35-39 | 0:33:32 |
| 6 | 366 | kirsty | USSHER | f35-39 | 0:35:30 |
| 7 | 146 | lisa | ENSOR | f35-39 | 0:35:38 |
| 8 | 343 | nicola | SPROULE | f35-39 | 0:36:23 |
| 9 | 226 | greta | KNIGHT | f35-39 | 0:36:24 |
| 10 | 671 | angela | BLAIR | f35-39 | 0:36:32 |
| 11 | 416 | anna | LAWRENCE | f35-39 | 0:36:57 |
| 12 | 717 | susan | SAWBRIDGE | f35-39 | 0:37:02 |
| 13 | 612 | maria | O'KANE | f35-39 | 0:38:32 |
| 14 | 396 | itsuko | YOKOE | f35-39 | 0:38:58 |
| 15 | 678 | claire | WILTON | f35-39 | 0:39:34 |
| 16 | 76 | claire | BENTLEY | f35-39 | 0:40:37 |
| 17 | 317 | samantha | ROBINSON | f35-39 | 0:41:10 |
| 18 | 309 | maria | RASTBERG | f35-39 | 0:41:45 |
| 19 | 259 | cherie | MCLEAN | f35-39 | 0:42:56 |
| 20 | 814 | louise | BUTT | f35-39 | 0:46:11 |
| 21 | 102 | donna | BURKE | f35-39 | 0:51:01 |

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|---|-----|----------|------------|--------|---------|
| 1 | 531 | julia | CREE | f40-44 | 0:29:49 |
| 2 | 27 | suzie | CLARK | f40-44 | 0:32:44 |
| 3 | 293 | lisa | PAYNE | f40-44 | 0:35:00 |
| 4 | 825 | marleen | CLEYNDERT | f40-44 | 0:39:43 |
| 5 | 307 | lynda | PITCAITHLY | f40-44 | 0:39:45 |
| 6 | 86 | danielle | BOVEN | f40-44 | 0:40:31 |
| 7 | 354 | sandra | TOPPIN | f40-44 | 0:41:56 |
| 8 | 856 | heidi | HUFFINES | f40-44 | 0:43:42 |

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|----|-----|---------|---------------|--------|---------|
| 1 | 37 | lesley | DOUGHTY | f45-49 | 0:33:42 |
| 2 | 34 | lynda | RAE | f45-49 | 0:34:04 |
| 3 | 347 | jo | TACON | f45-49 | 0:34:32 |
| 4 | 40 | karen | EVANS | f45-49 | 0:35:00 |
| 5 | 220 | shelley | KING | f45-49 | 0:37:04 |
| 6 | 272 | marion | MORRIS | f45-49 | 0:37:09 |
| 7 | 79 | hilary | BISHOP | f45-49 | 0:37:38 |
| 8 | 755 | fujine | WOLKEN | f45-49 | 0:38:10 |
| 9 | 67 | kirsty | BAILLIE | f45-49 | 0:38:35 |
| 10 | 859 | julie | GRAPENGIESSER | f45-49 | 0:38:54 |
| 11 | 449 | jenny | LINDSAY | f45-49 | 0:39:39 |
| 12 | 185 | jo | HAMMER | f45-49 | 0:40:21 |
| 13 | 733 | connie | PARKINSON | f45-49 | 0:40:49 |
| 14 | 62 | ingrid | ALTENA | f45-49 | 0:42:08 |
| 15 | 390 | ann | WILLIAMS | f45-49 | 0:42:52 |
| 16 | 176 | sally | GRAY | f45-49 | 0:52:00 |

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|---|-----|-----------|----------|--------|---------|
| 1 | 21 | josie | SINCLAIR | f50-54 | 0:30:38 |
| 2 | 36 | margie | PEAT | f50-54 | 0:32:23 |
| 3 | 203 | karen | HUNT | f50-54 | 0:34:59 |
| 4 | 209 | su | JELLEY | f50-54 | 0:35:56 |
| 5 | 125 | christine | CROOKS | f50-54 | 0:36:37 |
| 6 | 131 | michelle | DEMPSTER | f50-54 | 0:41:22 |
| 7 | 337 | robin | SHEPHERD | f50-54 | 0:41:36 |
| 8 | 100 | vanna | BUCHAN | f50-54 | 0:44:13 |

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|---|-----|----------|------------|--------|---------|
| 1 | 32 | lorene | SMITH | f55-59 | 0:33:36 |
| 2 | 44 | jeanette | ROGERS | f55-59 | 0:41:09 |
| 3 | 743 | amanda | IMPEY | f55-59 | 0:42:09 |
| 4 | 88 | susie | BOYD BROWN | f55-59 | 0:43:27 |
| 5 | 389 | cath | WILLIAMS | f55-59 | 0:49:56 |

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|---|-----|------|--------|--------|---------|
| 1 | 164 | sue | GEBBIE | f60-64 | 0:36:12 |
| 2 | 340 | anne | SMITH | f60-64 | 0:46:32 |

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|---|----|--------|--------|--------|---------|
| 1 | 49 | tiare | LUND | f65-69 | 0:36:59 |
| 2 | 33 | jacky | TASKER | f65-69 | 0:44:58 |
| 3 | 38 | glenis | KING | f65-69 | 0:46:44 |

| Position | Race Number | Name | Name | Category | Actual race time (Hrs:Mins:Secs) |
|-------------|-------------|---------|------------|----------|----------------------------------|
| Male | | | | | |
| 1 | 6 | sam | WARD | m13-16 | 0:24:36 |
| 2 | 430 | jay | WALLWORK | m13-16 | 0:26:04 |
| 3 | 378 | liam | WARD | m13-16 | 0:27:44 |
| 4 | 358 | william | TREMLET | m13-16 | 0:28:46 |
| 5 | 299 | michael | PATERSON | m13-16 | 0:29:16 |
| 6 | 254 | matty | MCCULLOUGH | m13-16 | 0:29:57 |
| 7 | 287 | matthew | NOLAND | m13-16 | 0:30:29 |
| 8 | 243 | scott | MACDONALD | m13-16 | 0:31:50 |
| 9 | 442 | hendrik | KOEKOEK | m13-16 | 0:32:46 |
| 10 | 276 | tim | MUDFORD | m13-16 | 0:33:07 |
| 11 | 111 | joshua | CHAPMAN | m13-16 | 0:33:30 |
| 12 | 818 | james | PATTON | m13-16 | 0:34:38 |
| 13 | 435 | callum | WILLIAMSON | m13-16 | 0:35:07 |
| 14 | 315 | matthew | REID | m13-16 | 0:37:05 |
| 15 | 421 | ethan | NOAH | m13-16 | 0:38:10 |
| 16 | 821 | joseph | EARLEY | m13-16 | 0:38:30 |
| 17 | 417 | dominic | LENDICH | m13-16 | 0:39:47 |
| 22 | 411 | frankie | EXCELL | m13-16 | 0:45:34 |
| | | | | | |
| 1 | 2 | sam | FRANKLIN | m17-19 | 0:24:16 |
| 2 | 9 | cooper | RAND | m17-19 | 0:25:11 |
| 3 | 3 | sam | MORREAU | m17-19 | 0:25:44 |
| 4 | 24 | matthew | FRANKLIN | m17-19 | 0:25:49 |
| 5 | 7 | cameron | BURSTALL | m17-19 | 0:26:03 |
| 6 | 817 | daniel | SMITH | m17-19 | 0:26:47 |
| 7 | 353 | naoki | TOYOMURA | m17-19 | 0:28:08 |
| 8 | 373 | trent | WHITE | m17-19 | 0:31:10 |
| 9 | 357 | thomas | TREMLET | m17-19 | 0:31:29 |
| | | | | | |
| 1 | 17 | elliott | FRIZELLE | m20-24 | 0:25:04 |
| 2 | 83 | chris | BLAKE | m20-24 | 0:28:46 |
| 3 | 74 | charles | BELCHER | m20-24 | 0:32:56 |
| 4 | 716 | edward | TYLER | m20-24 | 0:33:28 |
| 5 | 329 | shaun | SEAMAN | m20-24 | 0:33:39 |

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|----|-----|---------|------------|--------|---------|
| 1 | 606 | simon | COCHRANE | m25-29 | 0:26:21 |
| 2 | 460 | jared | BOWDEN | m25-29 | 0:27:00 |
| 3 | 868 | geoff | HAWKSWORTH | m25-29 | 0:27:30 |
| 4 | 270 | nick | MOLCISI | m25-29 | 0:27:46 |
| 5 | 807 | james | BRENT | m25-29 | 0:28:13 |
| 6 | 42 | brad | BOOYSEN | m25-29 | 0:29:33 |
| 7 | 236 | mike | LICHTWARK | m25-29 | 0:29:35 |
| 8 | 862 | anthony | MAHER | m25-29 | 0:30:03 |
| 9 | 858 | caleb | HILL | m25-29 | 0:30:33 |
| 10 | 234 | bryce | LEIGH | m25-29 | 0:30:46 |
| 11 | 601 | nathan | CARR | m25-29 | 0:30:57 |
| 12 | 291 | anthony | O'MEARA | m25-29 | 0:31:22 |
| 13 | 113 | wayne | CLARKE | m25-29 | 0:32:02 |
| 14 | 641 | shane | HALL | m25-29 | 0:32:08 |
| 15 | 667 | daniel | WILLIAMS | m25-29 | 0:32:31 |
| 16 | 439 | stephen | MORRISS | m25-29 | 0:36:13 |
| 17 | 372 | oliver | VOVCHENKO | m25-29 | 0:37:00 |

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|----|-----|-------------|------------|--------|---------|
| 1 | 764 | liam | SCOPES | m30-34 | 0:24:50 |
| 2 | 15 | ben | CHIDGEY | m30-34 | 0:26:11 |
| 3 | 451 | andrew | WALKER | m30-34 | 0:26:51 |
| 4 | 163 | hamish | GAWITH | m30-34 | 0:27:03 |
| 5 | 630 | adam | DAIGNEAULT | m30-34 | 0:29:08 |
| 6 | 45 | daniel | STONER | m30-34 | 0:29:23 |
| 7 | 72 | christopher | BEDFORD | m30-34 | 0:29:48 |
| 8 | 415 | rob | IREMONGER | m30-34 | 0:30:34 |
| 9 | 141 | adrian | EDGE | m30-34 | 0:30:48 |
| 10 | 503 | lachlan | BOYLE | m30-34 | 0:30:55 |
| 11 | 68 | jeremy | BAIN | m30-34 | 0:31:42 |
| 12 | 481 | daniel | BOULTON | m30-34 | 0:31:51 |
| 13 | 682 | jean | MARKARIAN | m30-34 | 0:32:09 |
| 14 | 866 | james | CRUMP | m30-34 | 0:33:34 |
| 15 | 260 | glen | MCLUCKIE | m30-34 | 0:34:12 |
| 16 | 199 | piers | HOLLIS | m30-34 | 0:34:13 |
| 17 | 63 | matt | ANDERSON | m30-34 | 0:34:51 |
| 18 | 214 | greg | JUNOVICH | m30-34 | 0:35:00 |
| 19 | 350 | stefan | TEAT | m30-34 | 0:37:11 |
| 20 | 117 | nigel | COLLINS | m30-34 | 0:38:21 |
| 21 | 397 | roland | YU | m30-34 | 0:38:31 |
| 22 | 75 | karl | BENNETT | m30-34 | 0:38:55 |
| 23 | 823 | sonny | JING | m30-34 | 0:39:36 |
| 24 | 804 | matt | FOGARTY | m30-34 | 0:41:18 |
| 25 | 296 | andrew | PARSONS | m30-34 | 0:45:35 |
| 26 | 851 | owen | LEE | m30-34 | 0:46:36 |

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|----|-----|----------|-------------|--------|---------|
| 1 | 501 | tom | ANDREWS | m35-39 | 0:27:19 |
| 2 | 43 | tony | INNES | m35-39 | 0:28:03 |
| 3 | 81 | michael | BILSBOROUGH | m35-39 | 0:28:45 |
| 4 | 143 | david | ELLIS | m35-39 | 0:28:56 |
| 5 | 765 | matt | EARLEY | m35-39 | 0:29:05 |
| 6 | 116 | adam | COLES | m35-39 | 0:29:35 |
| 7 | 172 | nick | GOLDWATER | m35-39 | 0:30:02 |
| 8 | 191 | anton | HAUETER | m35-39 | 0:30:36 |
| 9 | 235 | geoff | LEYLAND | m35-39 | 0:30:37 |
| 10 | 284 | robert | NICHOLS | m35-39 | 0:30:39 |
| 11 | 132 | julian | DIMECH | m35-39 | 0:30:44 |
| 12 | 119 | steven | COMBER | m35-39 | 0:31:53 |
| 13 | 294 | keith | PARK | m35-39 | 0:32:34 |
| 14 | 198 | gareth | HOLEBROOK | m35-39 | 0:32:40 |
| 15 | 227 | krsnendu | KNIGHT | m35-39 | 0:32:55 |
| 16 | 673 | robert | EDMONDSON | m35-39 | 0:33:03 |
| 17 | 253 | marty | MCCULLOUGH | m35-39 | 0:33:08 |
| 18 | 820 | benjamin | STOREY | m35-39 | 0:33:33 |
| 19 | 288 | mead | NORTON | m35-39 | 0:33:34 |
| 20 | 98 | camron | BRUGH | m35-39 | 0:33:54 |
| 21 | 648 | adam | BENTLEY | m35-39 | 0:34:04 |
| 22 | 867 | chris | DE WIT | m35-39 | 0:34:05 |
| 23 | 188 | andy | HARGRAVE | m35-39 | 0:34:18 |
| 24 | 130 | ben | DEARLOVE | m35-39 | 0:34:47 |
| 25 | 217 | jarrad | KEENAN | m35-39 | 0:34:47 |
| 26 | 129 | gabriel | DANIELS | m35-39 | 0:34:49 |
| 27 | 672 | chris | CHAPMAN | m35-39 | 0:35:18 |
| 28 | 157 | grant | FREAR | m35-39 | 0:35:45 |
| 29 | 511 | jeremy | HOSKING | m35-39 | 0:36:10 |
| 30 | 123 | matt | CLAYTON | m35-39 | 0:36:45 |
| 31 | 202 | david | HUGGETT | m35-39 | 0:36:59 |
| 32 | 664 | kevin | PATTISON | m35-39 | 0:38:18 |
| 33 | 338 | adrian | SIMPSON | m35-39 | 0:39:13 |
| 34 | 313 | andrew | RITCHIE | m35-39 | 0:39:32 |
| 35 | 852 | todd | VICKERY | m35-39 | 0:41:01 |

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|----|-----|-----------|--------------|--------|---------|
| 1 | 661 | andrew | FARRELL | m40-44 | 0:26:15 |
| 2 | 18 | darragh | WALSHE | m40-44 | 0:26:52 |
| 3 | 213 | philip | JOYCE | m40-44 | 0:27:50 |
| 4 | 509 | rodney | GORDON | m40-44 | 0:28:26 |
| 5 | 392 | vaughn | WOODS | m40-44 | 0:28:50 |
| 6 | 385 | craig | WIGGLESWORTH | m40-44 | 0:28:50 |
| 7 | 808 | david | JOYCE | m40-44 | 0:29:41 |
| 8 | 233 | keith | LAURIE | m40-44 | 0:29:58 |
| 9 | 860 | gerry | LYNCH | m40-44 | 0:30:23 |
| 10 | 158 | john | FREAR | m40-44 | 0:31:12 |
| 11 | 548 | rene | HARTMAN | m40-44 | 0:31:30 |
| 12 | 306 | todd | PRITCHARD | m40-44 | 0:31:31 |
| 13 | 766 | tom | GORDON | m40-44 | 0:31:37 |
| 14 | 232 | glen | LARSEN | m40-44 | 0:31:55 |
| 15 | 82 | craig | BIRCH | m40-44 | 0:32:03 |
| 16 | 257 | jonathan | MCKENZIE | m40-44 | 0:32:06 |
| 17 | 816 | rob | LANE | m40-44 | 0:32:51 |
| 18 | 282 | peter | NELSON | m40-44 | 0:33:29 |
| 19 | 266 | aj | MILES | m40-44 | 0:33:54 |
| 20 | 108 | steve | CARTER | m40-44 | 0:34:06 |
| 21 | 118 | mark | COLTHART | m40-44 | 0:34:09 |
| 22 | 477 | richard | CONYNTHAM | m40-44 | 0:34:19 |
| 23 | 371 | roger | VENN | m40-44 | 0:34:26 |
| 24 | 271 | brendan | MOORE | m40-44 | 0:34:32 |
| 25 | 122 | tony | COUGHLAN | m40-44 | 0:34:40 |
| 26 | 646 | ross | PLUMPTON | m40-44 | 0:35:15 |
| 27 | 274 | johnny | MORRIS | m40-44 | 0:35:55 |
| 28 | 91 | simon | BREED | m40-44 | 0:36:02 |
| 29 | 864 | richard | FRAWLEY | m40-44 | 0:36:06 |
| 30 | 300 | sebastien | PHAM | m40-44 | 0:36:12 |
| 31 | 752 | glen | WHITE | m40-44 | 0:37:51 |
| 32 | 205 | todd | HUNTINGTON | m40-44 | 0:37:56 |
| 33 | 346 | erik | TAMS | m40-44 | 0:38:26 |
| 34 | 151 | micheal | FERGUSON | m40-44 | 0:38:35 |
| 35 | 267 | jonathan | MILES | m40-44 | 0:39:24 |
| 36 | 865 | roger | WARREN | m40-44 | 0:40:48 |
| 37 | 186 | chris | HANNA | m40-44 | 0:41:17 |
| 38 | 802 | tony | HARRISON | m40-44 | 0:41:38 |

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|----|-----|---------|----------------|--------|---------|
| 1 | 114 | richard | CLIFTON | m45-49 | 0:30:43 |
| 2 | 148 | frank | EXCELL | m45-49 | 0:30:54 |
| 3 | 436 | steve | WILLIAMSON | m45-49 | 0:31:07 |
| 4 | 391 | tony | WOODHOUSE | m45-49 | 0:32:33 |
| 5 | 348 | michael | TANE | m45-49 | 0:32:42 |
| 6 | 623 | tony | RAE | m45-49 | 0:32:44 |
| 7 | 295 | ian | PARKER | m45-49 | 0:33:44 |
| 8 | 318 | terry | ROBINSON | m45-49 | 0:33:56 |
| 9 | 297 | paresh | PATEL | m45-49 | 0:34:06 |
| 10 | 252 | damon | MCCARTHY | m45-49 | 0:35:06 |
| 11 | 379 | pat | WARD | m45-49 | 0:35:16 |
| 12 | 812 | chris | REID | m45-49 | 0:36:36 |
| 13 | 311 | bruce | REA | m45-49 | 0:37:18 |
| 14 | 135 | mark | DOLEMAN | m45-49 | 0:37:45 |
| 15 | 359 | russell | TROY | m45-49 | 0:37:54 |
| 16 | 369 | ron | VAN DER PLUIJM | m45-49 | 0:38:06 |
| 17 | 283 | peter | NICHOLAS | m45-49 | 0:38:37 |
| 18 | 136 | tim | DOUGHERTY | m45-49 | 0:40:23 |
| 19 | 41 | adrian | BUTCHER | m45-49 | 0:45:37 |

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|----|-----|--------|------------|--------|---------|
| 1 | 491 | paul | SIMONS | m50-54 | 0:28:16 |
| 2 | 316 | ian | ROBERTSON | m50-54 | 0:31:10 |
| 3 | 137 | warren | DRINKWATER | m50-54 | 0:31:19 |
| 4 | 223 | tony | KING | m50-54 | 0:31:46 |
| 5 | 619 | tom | FRENTZ | m50-54 | 0:33:01 |
| 6 | 121 | rob | CORNE | m50-54 | 0:33:31 |
| 7 | 459 | colin | LA PERE | m50-54 | 0:33:32 |
| 8 | 240 | rob | LUND | m50-54 | 0:35:03 |
| 9 | 446 | scott | BURRIDGE | m50-54 | 0:35:45 |
| 10 | 194 | steve | HELG | m50-54 | 0:36:18 |
| 11 | 328 | gary | SEAMAN | m50-54 | 0:37:25 |
| 12 | 325 | barry | SAVAGE | m50-54 | 0:39:50 |
| 13 | 302 | ray | PITCH | m50-54 | 0:39:52 |
| 14 | 262 | torry | MCSKIMMING | m50-54 | 0:42:12 |
| 15 | 201 | shaun | HOULAHAN | m50-54 | 0:49:11 |

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|----|-----|--------|-------------|--------|---------|
| 1 | 702 | martin | BLAMPIED | m55-59 | 0:30:34 |
| 2 | 47 | george | SANDERS | m55-59 | 0:32:07 |
| 3 | 152 | marty | FINCH | m55-59 | 0:33:05 |
| 4 | 381 | shane | WEST | m55-59 | 0:34:31 |
| 5 | 89 | wren | BRACEGIRDLE | m55-59 | 0:35:12 |
| 6 | 473 | andrew | GORDON | m55-59 | 0:36:28 |
| 7 | 349 | grant | TAYLOR | m55-59 | 0:36:38 |
| 8 | 196 | john | HEYES | m55-59 | 0:36:39 |
| 9 | 103 | hans | BUWALDA | m55-59 | 0:37:22 |
| 10 | 222 | vince | KIRRANE | m55-59 | 0:37:42 |
| 11 | 681 | jon | CLARKE | m55-59 | 0:38:35 |
| 12 | 219 | ross | KIDD | m55-59 | 0:38:38 |

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|---|-----|--------|-----------|--------|---------|
| 1 | 48 | glynn | OWENS | m60-64 | 0:34:45 |
| 2 | 384 | david | WICKSTEAD | m60-64 | 0:35:32 |
| 3 | 155 | warren | FOUNTAIN | m60-64 | 0:37:09 |
| 4 | 92 | john | BRODIE | m60-64 | 0:38:13 |
| 5 | 342 | roger | SOULSBY | m60-64 | 0:40:17 |
| 6 | 173 | jim | GOODWIN | m60-64 | 0:41:33 |
| 7 | 870 | lee | WHILEY | m60-64 | 0:51:01 |

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|---|----|------|----------|--------|---------|
| 1 | 31 | mike | RAMSAY | m65-69 | 0:36:26 |
| 2 | 35 | mike | TOWNSEND | m65-69 | 0:36:33 |
| 3 | 39 | fred | BURKE | m65-69 | 0:39:59 |

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|---|-----|---------|----------|--------|---------|
| 1 | 589 | alex | SHAW | m70-74 | 0:38:54 |
| 2 | 265 | michael | MEEKINGS | m70-74 | 0:43:27 |